Minutes of the Daybrook Medical Practice PPG Meeting July 10th 2017

Present at the meeting: -

PPG Members/Staff

Denise Ward (Chairperson), Neeta Ruparelia, Christine Singleton, John McKenzie-Smith, Terry Flynn, Sonia Lane, Helen Sinclair, Dr Gallagher (PT)

Guests/Speakers

Councillor Muriel Weisz (Nottinghamshire CC) (PT). Rose Thompson, Lindsay Thompson, Royden Allen (Hear Me Now! Check *tings* out)

Apologies for absence

Peter Whitehead, Polly Roberts, David Roberts

1.0 Minutes of the last meeting

Due to the number of items on the PPG meeting agenda and lateness of the hour this item was deferred along with matters relating to the forthcoming flu season until the next PPG meeting.

2.0 Practice Parking limitations/restrictions

Councillor Weisz was informed that patients attending the practice had received fixed penalty parking notices when parked on Salop Street due to the practice car park being full. The practice when first opened catered for 3,500 patients this figure had now grown to 9,500 patients.

With the demise of the Ambulance Station the practice and its patients need parking restrictions to be relaxed at least on one side of Salop Street to improve parking, enabling improved access to services for patients visiting the practice.

Action: - Councillor Weisz to raise the issues of fixed penalty notices and a review of parking restrictions on Salop Street to better serve the practice with the appropriate departments of Nottinghamshire County Council (NCC) and report back.

3.0 Support for Carers

Councillor Weisz distributed a selection of leaflets and spoke of the extension of services within libraries to support carers. She also spoke of the value of Carers and Support for Carers and Promoting Independence through getting appropriate support in place at the earliest opportunity for the person needing care and the carer.

Dr Gallagher invited Councillor Weisz and NCC Social Worker to a future practice clinical meeting to further explore early intervention and how the benefits of a joint approach could best meet the needs of those in need of care, their carer’s and the value of early intervention in resources being used to optimum benefit.

Action: - Dr Gallagher, Councillor Weisz. (Dr Gallagher to report back to PPG)

4.0 Prostate Cancer Hear Me Now! Check *tings* Out

Research has shown that prostate cancer is three times more likely in black men. Nationally prostate cancer is the most common cancer in men, accounting for 26% of all male cancer diagnoses in the UK. Nottingham is a diverse city, with approximately 35% of the population comprising of BME groups.

The project has been developed in response to reports written by Nottingham trained Radiographer Rose Thompson, which looked into the reality of prostate cancer in Black, African and Caribbean men and revealed that black men in England are twice as likely to develop cancer compared to white Caucasian men and are twice more likely to die from it. ‘Hear Me Now’ is now a national campaign influencing positive action nationwide.

As a result of the findings from the report Nottingham City CCG has worked in collaboration with BME communities and NHS Nottingham University Hospitals Trust to deliver the project in partnership with the community. The project will be carried out as drop in sessions in a non-clinical setting for people to feel more comfortable

The clinics are based at The Vine Community Centre, Bobbers Mill Road, NG7 5GZ; the first session will be on Monday July 3rd, opening hours are 9am - 3.30pm. Clinics will be held on the first Monday of each month at the Vine Centre, and at the ACNA Centre Cottage, on Hungerhill Road, on the 3rd Wednesday of each month. In July and August 2017, sessions at the ACNA centre will be held between 1:30 and 8:00 pm to make the clinics accessible after standard working hours.

The PPG express their gratitude to our guest speakers for their time, commitment and passion in presenting graphic and capturing advice and insight on Prostate Cancer and the disproportionality it affects our communities.

Posters and other information provided by our speakers to be displayed and made available in the practice waiting area. For more details on this pathfinder project, go to. www.tings.org.uk

Action: - Helen Sinclair

Dr Gallagher invited the 3 guest speakers to a future clinicians meeting. TBA.

5.0 Survey

Helen Sinclair circulated a copy of a survey undertaken by NHS England of three local medical practices Dayrook, Highcroft and Stenhouse. The survey took patient opinion on a wide variety of matters, 23 questions in total, some viewed as potentially subjective.

Terry Flynn spoke with personal knowledge on such surveys. He agreed that he would bring together for the group and patients a refined survey that could tease out the real issues patients find important and from the findings what practice improvement aims should focus on.

Action: - Terry Flynn

6.0 Newsletter

Sonia Lane has a substantial amount of the July Newsletter already completed. Neeta Ruparelia is doing an article on information for carer’s, Christine Singleton is putting together a Summer Recipe and Helen Sinclair is doing an article on Prostate cancer. The aim is to get the Newsletter published, in the practice waiting area and online by the end of July.

Action: - Sonia Lane Helen Sinclair

7.0 Date of the next meeting

The meeting closed at 6.55pm. The next meeting of the Daybrook Medical Practice PPG will be held on Monday 11th September 2017 at 5pm in the practice meeting room.